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### *'Good Faith Estimate'*

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Date \_\_\_\_\_

Estimated Type of Services Provided: Individual/Family Assessment/Psychotherapy

Estimated Length of Services Provided: 3-12 months

Location of Patient and Clinician: In office/telehealth

Description of Treatment Modalities may include any of the following: Risk Assessment  
Cognitive Behavioral Therapy, Communication Skills, Compliance Issues, emotional  
identification and expression, Exploration of Coping Patterns, Exploration of Relationship  
Patterns, Interactive Feedback, Interpersonal Resolutions, Mindfulness Training, Motivational  
Interviewing, Psycho-Education, Relaxation/Deep Breathing, Review of Treatment  
Plan/Progress, Role-Play/Behavioral Rehearsal, Self-regulation, Structured Problem Solving,  
Supportive Reflection, Symptom Management, Trauma Focused

Treatment Goals: Reduce or eliminate symptoms associated with Clinically Necessary Assessed  
Diagnosis

Estimated Charges for each Service Provided \$130-\$140 or as agreed on a sliding scale amount  
of \_\_\_\_\_ Per session

DISCLAIMER: These estimates may change as the treatment progresses and are not a guarantee  
of treatment frequency, length or cost. Your signature does not require you to receive  
psychotherapy services from me.

LCSW Signature \_\_\_\_\_ LCSW (Printed) \_\_\_\_\_

Patient Signature \_\_\_\_\_ Patient (Printed) \_\_\_\_\_